



# **Plant-Based Proteins**

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2021-2022 Student Board Research Project

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### Overview

- Background Information
- Prevalence of Plant-Based Proteins
- Campus Market Survey

# **Background Information**

#### Plant-Based Protein Defined

- Protein food products made with plant ingredients
- Competes directly with the livestock industry
- Intended to look and tastes like actual meat
- Envisioned to be used anywhere actual
   meat would be traditionally used



### **Current and Potential Products**

### **Beyond Meat**

- Beyond Burger
- Beyond Beef (ground beef)
- Beyond Sausage Brats
- Beyond Meatballs
- Beyond Breakfast Sausage (patties)
- Beyond Beef Crumbles
- Beyond Chicken Tenders
- Beyond Jerky

### Impossible Foods

- Impossible Burger
- Impossible Sausage
- Impossible Chicken Nuggets
- Impossible Meatballs
- Impossible Pork (ground pork, only in select restaurants)

#### **Potential Products**

- Variations of pork products (sausage patties, links, variety of brats, ground pork)
- Variations of poultry products (nuggets, tenders, bites)
- Plant-based eggs
- More diversified buying options in terms of quantities

# Ingredients

- Majority of plant based products are made up of -
  - O Soy, Peas, Beans, Nuts, and Wheat Gluten (Seitan)
- Plant oils are used to replicate juiciness & marbling, along with replicating caramelizing the meat.
  - Coconut oil, Canola oil, and Coconut Butter



# **Nutritional Analysis**

- A healthy alternative?
  - Low Fat, low Cholesterol
  - High Sodium, Less efficient micro nutrients.
- Nutritionally it depend on the person as a healthier alternative.
- People at risk of -
  - High Blood Pressure
  - Heart Conditions
  - Kidney Disease

# Regulatory

- What they have in common
  - Labeling
    - All must follow FDCA 402(a)(1), 402(a)(4) & 403(a)(1), 403(b)
    - Max sentence of one year in prison and up to \$10,000 fine
- Plant Based Differences
  - Testing
  - Misbranded Product Conflict

# **Regulatory Differences**

- Misbranded Products
  - Roughly 13 states regulate terms used on labels
    - Different states have different laws
  - Statement before or after name
  - Kansas Bill 2530
    - Withdrawn March 3, 2022





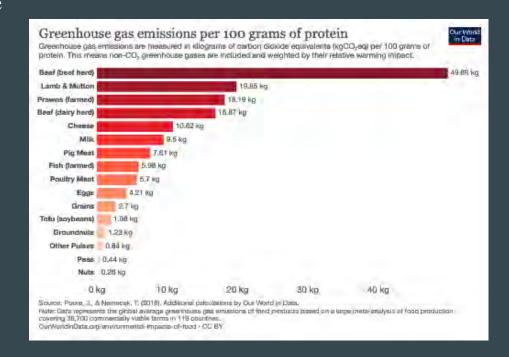


# Regulatory Differences

- Meat
  - Storage and handling of products
    - Inspections
  - Labeling
    - 7 U.S.C 1638a
      - Country of Origin
      - Multiple Countries of origin
      - Imported for immediate slaughter
      - Food service establishment exemption

# Carbon footprint

- What is carbon footprint?
- Major carbon footprint gasses in the animal industry
  - Carbon dioxide
  - Nitrous oxide
  - o methane



# Plant Based Protein Carbon Footprint

- Impossible Foods says "switching to plant-based meats can be better than getting solar panels, driving an electric car or avoiding plastic straws"
- Beyond burger vv ¼ lbs of U.S.. beef
  - 90% less GHG emissions
  - 46% less energy
  - >99% less impact on water scarcity
  - o 93% less impact on land use

Esting this plant- based meat	Inclead of this conventional meat	reduces land use (m2-y/kg) by this much	reduces greenhouse gas emissions (sg-CO2-eq/kg) by this much	reduces water use (L/kg) by this much	reduces equatio eutrophication potential (g-PC4 <sup>1</sup> -eq/kg) ky this much
Impossible Ruger Lu <sup>2</sup>	Heaf burger!	96%	89%	87%	91%
Bayeni Surgari	Best barger**	-	8994	99%	-
Green Green	Desir burger	93%	èsw	<b>15</b>	mi
Spicy Black Bean Burger <sup>9</sup>	Beef burger*	97%	89%	96%	76%
Roasted Gartic & Quinos Burger <sup>9</sup>	Barri burger*	93%	88%	98%	73%
Grillers Crumbles <sup>9</sup>	Ground beefer	99%	90%	96%	~
Original Sausage Patties*	Pork sausage parties*	471	30%	83%	51%
Original Cluk Pattigs <sup>3</sup>	Breaded chicken patties*	84%	36%	72%	75%

### Beef

- Most complex animal production system
- Production stages
  - Cow-calf
    - 65% of GHG
  - Stocker
  - Backgrounding
  - Finishing

## Pork

- 4 oz serving of pork prepared and consumed is 2.5lbs of carbon dioxide
- Animal production 62.1%
- Processing 5.6%
- Retail 7.5%
- Consumption 23.4
   (includes cooking and refrigeration)
- Packaging 1.3%

# **Poultry**

- 2 types of emissions
- Mechanical emissions
  - Fuel use major
- Nonmechanical emissions
  - Litter handling system

### Traditional Meat Emissions

Figure 1

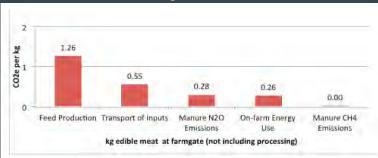
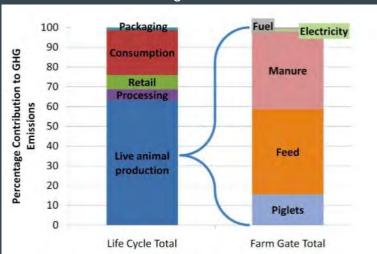


Figure 3



#### Figure 2

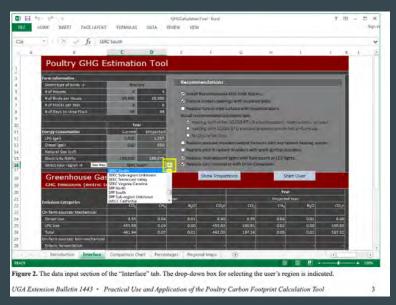


Figure 1: Environmental Working *@oup Meat Eaters Guide:* Methodology 2011

Figure 2: UGU extension GHG calculation tool
Figure 3: Do We Know the Carbon Footprint of the Pork
Industry? By: Lpelc admin

### Prevalence of Plant-Based Proteins

#### Past

- o 12-15 years old
- Beef consumption is consistently dynamic
  - 1978: 48% of per capita meat consumption
  - 2015: 26% of per capita meat consumption

#### • Present

- Trends in quality improvement & product diversification in plant-based industry
- Consumers are three times more likely to purchase beef versus plant-based alternative
- Plant-based proteins: 1-2% protein market share

### **Future of Plant-Based Proteins**

- Consumer Dynamics
  - 75% of consumers prefer beef in binary choice
  - o In reality, consumers of PBPs have beef and other livestock-based products in the same basket
  - Beef still has a more positive consumer perception relative to plant-based meat
    - Taste
    - Appearance
    - Price
    - Naturalness
- Potential Market share
  - Compound Annual Growth Rate of PB meat market: 19.3% from 2022-2030
  - o Projected to slow "Steep cooldown" by 2025
  - If trends continue, projected to capture 4% of global protein market by 2025

### Market Trends

### Organic Foods

- Niche market in 1970's
- No statutory definition, but regulated
- Compound Annual Growth Rate of 9.7%

#### Seltzer Market

- Market took off about three years ago
- Double digit growth rates (48.8% growth in 2021)
- Facing oversaturation, consumer disillusion, and low profitability

#### Plant-Based Proteins

- Showing early signs of mimicking seltzer market versus organic market
- Decreasing consumer propensity to try, indicative of lower uptake

# Milk Industry Comparison

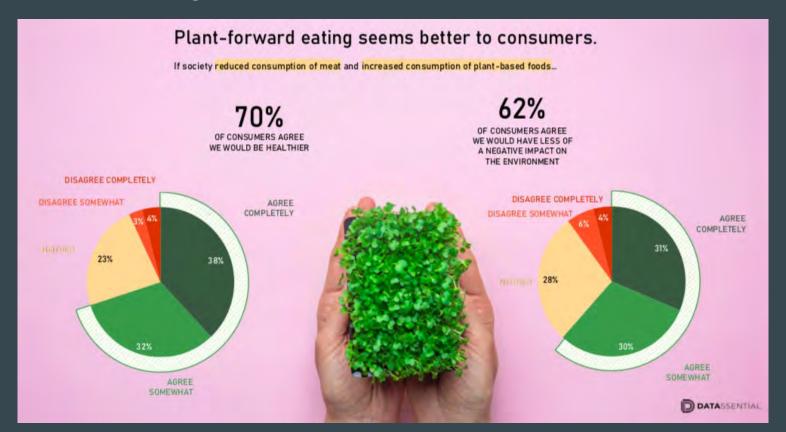
- Industry Conditions
  - Regulatory bodies
  - Product allergens & dietary restrictions
  - Cost of dairy vs. alternative production
- Similar Short Term Trends
  - Oatmilk experiencing triple digit growth
  - o Compound Annual Growth Rate of alternative meat compared to organic market

# Competitive Advantages of Plant-Based Protein

- Environmental Benefits
  - Plant Versus Animal Production
  - Less Environmental Impact
- Consumer Perception
  - Health Benefits
  - o "Green"
  - Animal Friendly
- Celebrity Endorsements
  - Liza Koshy KFC
  - Snoop Dogg Beyond Meat



# **Consumer Perceptions**



# Major Competitors

- **Top Two Competitors** 
  - Beyond Meat
  - Impossible Foods
- Other Major Competitors
  - Cargill
  - Kellogg
  - Nestle
  - Hormel

















- Founded in 2009 in Los Angeles, CA by Ethan Brown
- Publicly traded
- Subway, KFC, Dunkin' Donuts, A&W in Canada, McDonald's, Pizza Hut
- Use plant proteins, including pea, brown rice, mung bean and faba bean
- Non-GMO products

# **IMPOSSIBLE**\*

- Founded in 2011 in Redwood City, CA by Patrick O. Brown
- Burger King, Qdoba, Starbucks, Applebee's
- Soy based
- Genetically engineered ingredients



- Plant-based nuggets with KFC in 2020 in China
- Launched PlantEver in 2020 in China and plans to in Thailand
  - Chicken-alternative nuggets and beef-alternative patties
- Partnership with PURIS foods to produce and sell pea protein
  - O Supplies raw material to other companies including Beyond Meat
- Co-branded products with Lawson, a Japan-based convenience store
  - Plant-based scallop alternative and chicken-alternative tender
- Plant-Based Protein Products: Prolia Soy Flour, Prosante Textured Soy Flour,
   Puris Pea Protein, Corn Protein, Vital Wheat Gluten
- CEO David MacLennan: "Our analysis is that in ...three to four years plant-based will be perhaps 10 percent of the market. We're a large beef producer and that is a big part of our portfolio. So there's some cannibalization that will occur" (June, 2021)











- MorningStar Farms
  - Veggie Products
- Incogmeato (2019) MorningStar Farms
  - Sweet BBQ Plant-Based Chik'n Tenders
  - Plant-Based Original Bratwurst
  - Plant-Based Ground Breakfast Sausage
  - Italian Plant-Based Sausage
  - Plant-Based Chik'n Nuggets
  - Mickey Mouse Shaped Plant-Based Chik'n Nuggets
  - O Plant-Based Ground
- Kashi
  - Cereals
- Gardenburger
  - Black Bean Chipotle Veggie Burgers
  - Original Burgers





- Acquired Sweet Earth in 2017
  - Plant-Based Awesome Burger
  - Awesome Grounds Plant-Based
  - Mindful Chik'n Plant Based
- Vuna: Plant-Based Tuna





- GoodNes: Sweet Earth
  - Awesome Burger
  - Awesome Grounds
  - o Plant-Based Bacon
  - Worldly Frozen Bowls
  - Burritos
  - o Pizza
  - Plant-Based Burgers and Grounds
  - o Plant-Based Seitan
  - o Plant-Based Chik'n
  - Plant-Based Deli Slices (Turkey, Pepperoni, Ham)
  - Plant-Based Hot Dogs and Sausages



- Plant-based alternatives under Happy Little Plants brand
  - Free of antibiotics and hormones
  - Reduced sodium and fat content
  - Sausage patty for breakfasts
  - Pizza Toppings
    - Pepperoni Topping
    - Italian style Crumbles
    - Chorizo Style Crumbles
    - Meatball Style Topping
- The Better Meat Co.
  - Meat Enhancement
    - Beef, fish, pork, crab
  - Meat Alternatives
    - Fish, crab, chicken, steak, burger



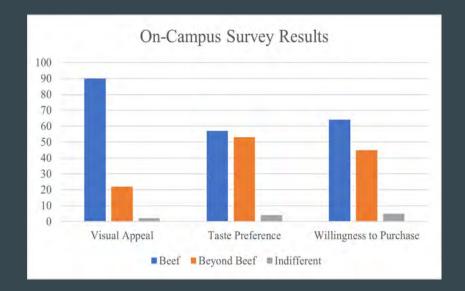


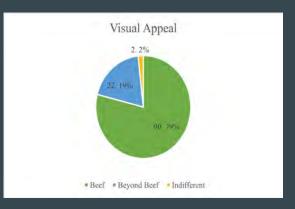
# **Rhiza from The Better Meat Co:**

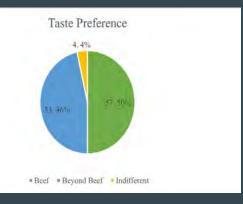


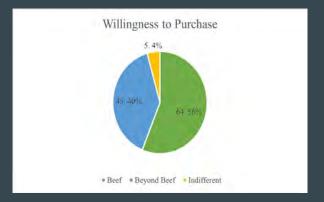
# On-Campus Survey

- Results
- Notable Factors
  - Product differences
  - Demographic variables
  - Participant reactions









# Conclusion

- Questions
- Thank you!

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